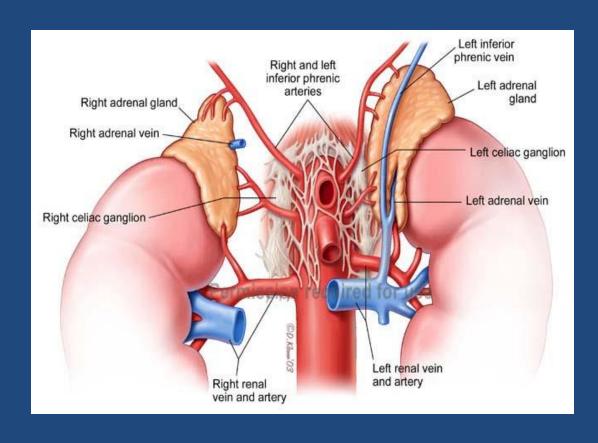
# Adrenal Metastasis

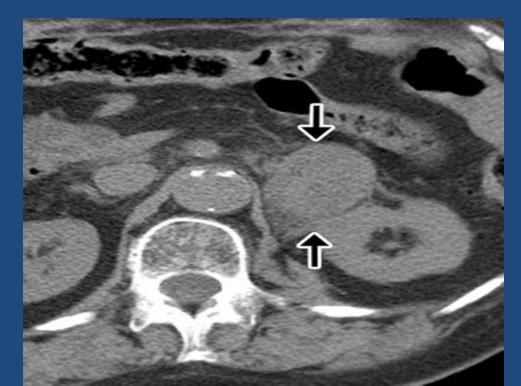


יונתן הרמן פנימית ב' • The adrenal gland is a common site of metastatic disease. fourth most common site of metastasis, after the lung, liver, and bone.

- A diagnosis of adrenal metastasis is important because metastasis indicates stage IV disease.
- Except in ipsilateral renal cancer, the presence of metastases almost always influences the choice of treatment.

 Imaging findings can only demonstrate metastasis if an alteration occurs in the outline, the size, or the internal characteristics

of the gland.



## Pathophisiology:

- Adrenal metastases may be unilateral or bilateral.
- The tumors vary in size.
- Central necrosis and hemorrhage may occur, but calcification is rare.

# most common primary sites:

- 1. lung-30-40% (NSCLC & SCLC)
- 2. breast-30-40%
- 3. Melanoma-50%
- 4. kidney-10-20%
- 5. thyroid
- 6. colon-10-20%

### **Presentation:**

Almost always <u>clinically silent</u>. In extensive bilateral metastatic disease, hypoadrenalism may occur.

## Differential Diagnosis:

### **Unilateral:**

- Small masses (<1 cm): Adenoma, ganglioneuroma, hyperplasia, metastasis, and pheochromocytoma.
- <u>Large masses (>4 cm):</u> Carcinoma of adrenal cortex; cyst or pseudocyst; hematoma; infection; inflammation; metastasis; neuroblastoma; pheochromocytoma

### **Bilateral:**

Hemorrhage, histoplasmosis, hyperplasia, metastasis, neuroblastoma, and tuberculosis

